

WOMEN AT WOODSTOCK 2020 *VIRTUAL* OVER-50 RETREAT SCHEDULE

ONLINE MEETING LOGON LINK:
[HTTPS://MEET.GOOGLE.COM/MYR-WCUO-PKV](https://meet.google.com/Myr-WCUO-PKV)

[pacific](#) [mntn](#) [central](#) [eastern](#)

Mon. Oct. 12	Look for first of 10 daily emails from The Metamorph Project	- in the morning -
Tues. Oct. 13	Look for your daily email from The Metamorph Project	- in the morning -
Wed. Oct. 14	Look for your daily email from The Metamorph Project	- in the morning -
Thu. Oct. 15	Look for your daily email from The Metamorph Project Open your gift box! Pour some wine (or any beverage) & LOG ON for our <i>Welcome Party</i> Check for an email from Ann with a link to something special	- in the morning – 4:00 5:00 6:00 7:00 - after our welcome party -
Fri. Oct. 16	Look for your daily email from The Metamorph Project LOG ON - AM Workshop - Ayurveda 101/Ami Jayaprada Hirschstein Open challenge #1 LOG ON - PM Workshop – Memoir Writing/Colleen Geraghty Open challenge #2 Pour a beverage & LOG ON to our Evening Salon Check for an email from Ann with a link to something special	- in the morning – 8:00 9:00 10:00 11:00 - after our morning workshop - 12:00 1:00 2:00 3:00 - after our group activity - 4:00 5:00 6:00 7:00 - after our evening salon -
Sat. Oct. 17	Look for your daily email from The Metamorph Project LOG ON - AM Workshop – Memoir Writing 2/Colleen Geraghty Open challenge #3 LOG ON - PM Workshop – Virtual Skin & Makeup/Crystal Cobert Open challenge #4 Pour a beverage & LOG ON to our Evening Salon Check for an email from Ann with a link to something special	- in the morning – 8:00 9:00 10:00 11:00 - after our morning workshop - 12:00 1:00 2:00 3:00 - after our group activity - 4:00 5:00 6:00 7:00 - after our evening salon -

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online meeting logon link:

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Sun. Oct. 18	Look for your daily email from The Metamorph Project LOG ON - AM Mastermind Session Open challenge #5 LOG ON - Immune-Boosting Cooking Class/Cathy Vogt + STAY LOGGED ON - PM Mastermind Session Open challenge #6 – our last one! Pour a beverage & LOG ON to our Evening Salon & <i>Farewell</i> Check for a farewell email from Ann with a link to something special	- in the morning – 8:00 9:00 10:00 11:00 - after our morning workshop - 12:00 1:00 2:00 3:00 1:00 2:00 3:00 4:00 - after our group activity - 4:00 5:00 6:00 7:00 - after our evening salon –
Mon. Oct. 19	Look for your daily email from The Metamorph Project	- in the morning –
Tues. Oct. 20	Look for your daily email from The Metamorph Project	- in the morning –
Wed. Oct. 21	Look for your final daily email from The Metamorph Project	- in the morning -